

COSA
and the Child Development
and
Family Guidance Center

COSA services are for substance abusing pregnant & parenting women whose infants and preschool children may experience developmental delays.

COSA places a special emphasis on serving minority women and their children in Pinellas County.

Therapeutic Development Services Include:

- • Preschool Education
- • Childcare
- • Developmental Testing/Assessment
- • Physical and Occupational Therapy
- • Speech Therapy

The center's CDA Certified Preschool Staff work hand-in-hand with women to enhance relationships and demonstrating bonding techniques in a safe nurturing environment.

COSA'S HIV/AIDS Expansion Services:

- • HIV/AIDS Testing in partnership with Johnnie Ruth Clark and the Pinellas County Health Department (PCHD)
- • Pre and Post Test Counseling
- • Counseling for Women and Children who are infected or affected by HIV/AIDS
- • HIV/AIDS Prevention Education
- • Linkage to Medical Services

Day Treatment & Outpatient Services for Women Include:

- • Individual/Group Counseling
- • Drug Education & Testing
- • Case Management, Aftercare & Relapse Prevention
- • Urine Drug Screens
- • Comprehensive Psychosocial Assessment
- • Parenting Education
- • Recreational Therapy
- • Psychiatric Evaluation & Medication Monitoring
- • Mental Health Counseling
- • Self-Esteem and Anger Management
- • Life Skills Training and Stress Management
- • Computer Training
- • Transportation
- • Domestic Violence Groups in partnership with the Center Against Spouse Abuse (CASA)
- • Sexual Abuse Groups in partnership with SAFE Centers and administered by Family Service Centers

Referrals are voluntary or coordinated with local health departments, pediatricians, child protective service organizations, probation and parole, faith-based organizations, drug court, and through PAR's Treatment programs.

Operation PAR's goal at COSA is to help women live safe and drug free lives. PAR assists women in moving from public aid gainful employment and educates each woman on strengthening their families for reunification. Women regain their self-esteem while developing new friendships with other women and working toward their goals. We strive to help women make changes in their behavior to reduce the transmission of HIV/AIDS and other transmittable diseases. Our main goal is to solidify their roles as unique individuals in an ever changing community.

Operation PAR touches one person, one family, one community at a time. We join the community in its efforts to assist families in saving their children from the destruction caused by drugs and alcohol and mental health disorders.

Operation PAR, Inc. has cared for families and their children since 1970. Operation PAR was founded through personal experience, so we understand the pain that families endure when their children are affected by substance abuse.

Shirley Coletti, D.H.L.
Operation PAR President/ CEO

**Where to Find Help or
Where Volunteers Can Give Help**

Please call
727-552-1512
727-893-5444
or
24 hours, toll free
1-888-PAR-NEXT
(1-888-727-6398)

Operation PAR provides services on a sliding fee scale based on income. Insurance and Medicaid are accepted for most services.